

DETOX RETREAT with Julie Tonks

PERU

Sacred Valley of the Incas
At Pachamama Wasi

NOT YET SCHEDULED

You are invited to join me in the most wonderful experience of a lifetime. This detox program takes place in the Sacred Valley of the Incas. You are surrounded by the incredible Andes Mountains, waterfalls, hiking trails, Incas ruins and amazing history. Pachamama Wasi (home of Mother Earth) is a family run retreat center in the heart of the Sacred Valley of the Incas in Peru.

I designed this detox program so you can have a chance to get rid of what you don't want in your life, make space for what you do want in your life, and start living your best dreams.



Retreat includes:

- Seven Nights & Seven Days at Pachamama Wasi
- Breakfast, Lunch & Dinner Provided by Pachamama Wasi
- Five Heated Yoga Classes
- Two Posture Clinics
- Five Guided Meditations
- Coco Leaf Readings
- Guided Hike with Mountain Meditation & Waterfall Cleansing
- Visit to Seminario Ceramic Workshop
- Transportation, Entrance & Guided Tour of Machu Picchu
- Transportation to & from the Airport at Designated Time
- Time for Shopping in Cusco

Not Included In Retreat Price:

- Airfare to & from Cusco, Peru
- Three Meals While Off Property at Machu Picchu & Cusco
- Cost & Gratuity for Spa Treatments
- Gratuity for Retreat Host

Cost is \$2600

This is an all inclusive retreat. \$700 non-refundable deposit. The deposit is applied to your balance. Additional \$100 if paid with credit card.

To reserve your spot or for more information contact:

Julie Tonks

Cell: 407.496.4661

email: julton4@bellsouth.net

***For recommended flight to get you there at meeting time, contact Julie. Plan a day before and after the retreat dates for travel.

***Any and all information is subject to change.

***This is a detox retreat. There is no alcohol or drugs or tobacco

